

This Gift Certificate Entitles the Bearer to Attend



SUPER BONES

exercise classes

(8 sessions)



This class focuses on:

**posture
balance
strength
flexibility
body awareness**

Can be used anytime through August 2017 – consecutive weeks not required.

Please contact Joanne Fagerstrom, PT, prior to attending your first class!

jpfagerstrom@gmail.com

267-432-1795

**Visit www.mysuperbones.com
to learn more details about the class.**